

# Cleveland Safe Routes to School

## Second Grade Bike/Ped PE Education



- **Sponsoring Organization:** Cleveland Metropolitan School District and Saint Luke's Foundation
- **Type:**
  - Health & fitness
  - Education & safety
- **Description:** 5-week second grade bicycle and pedestrian safety PE curriculum, teaching students how to walk and ride! Designed to culminate in a trail/neighborhood ride
- **Year Started:** 2016

County: Cuyahoga  
(throughout Cleveland)



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- **Participants:** 12 PE teachers trained; ~150-300 students reached annually
- **Staff & volunteers**
  - PE teacher trainings led by Ohio City Bike Co-op, Bike Cleveland, and Cleveland SRTS coordinator
  - Volunteers recruited for in-class assistance
- **Location:** curriculum implemented at schools in parking lots or gyms; culminating field trips are on Cleveland Metroparks trails (Canalway, Rocky River)
- **Program frequency:** Implementation dependent on school schedules

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- **Benefits, Goals and Results:**
  - Improved biking skills (riding a 2-wheeler!)
  - Learning what to watch for when riding around cars, and how to stop and signal
  - Exposure to neighborhood and trail riding, and a lifelong transportation and fitness skill
- **Transferability:**
  - Program success dependent on passion and investment of teachers
  - Program model and lessons learned available for interested organizations

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**CLE Safe Routes**  
@SafeRoutesCLE

Thanks @saintlukesfdn @OhioCityCycles & awesome vols. 150 bikes coming to 2nd grd PE near you #ThisisCLE #SafeRoutes



5:34 PM - 11 Feb 2016

1 Retweet 4 Likes

**Victoria JankeMousty**  
@MckinleyPK8

Learn to ride bike program in 2nd grade PE @MckinleyPK8 @CLEMetroSchools



**gretchen tucholski**  
@gretchentucholski

Beginning bike rodeo. @gretchentucholski @DickensTigers @SafeRoutesCLE



**gretchen tucholski**  
@gretchentucholski

Balancing day.. Kids did great! @DickensTigers @SafeRoutesCLE



2:26 PM - 20 Apr 2016

1 Retweet

**CLE Safe Routes**  
@SafeRoutesCLE

Riding in the @clevemetroparks to practice everything we've learned in PE!



7:51 AM - 31 Oct 2017

1 Retweet 5 Likes

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